

AccessMHA Referral Pathway

Last updated: November 16, 2023

Referral From:	Instructions
A Primary Care Provider	<p>The referral form can be found on the Ocean Healthmap by going to oceanhealthmap.ca and searching for AccessMHA and selecting Access Mental Health and Addictions (AccessMHA) (Eastern Ontario). Consider adding it to your Clinic's favourites on Ocean. If your EMR is integrated with Ocean, you can search for the AccessMHA listing through your EMR.</p> <p>Additionally, patients and families can self-refer at AccessMHA.ca.</p>
A Health Service Professional	<p>Here are the ways in which a client can access services:</p> <ol style="list-style-type: none"><li data-bbox="500 884 1230 919">1. Doctor Or Nurse Practitioner can make a referral<li data-bbox="500 921 1154 957">2. Visit AccessMHA.ca to fill out a self-referral
Member of the general public	<p>AccessMHA is a new bilingual, digitally enabled Regional Coordinated Access model that makes it easier for people 16 and older to access mental health, substance use health, and addictions services. You can self-refer on AccessMHA.ca. When you fill out the self-referral you choose a time for an AccessMHA staff member to call you and discuss your needs. After the call, you may be referred to one of AccessMHA's partners (including our organization) for ongoing services, or staff may assist you with finding the right service from another local organization.</p>