

November 9, 2022

New Board Members Bring New Skills to the Table

Yvonne Latta, Michael O’Shaughnessy and David Weger have one thing in common – they believe in giving back to their community. They are doing just that as the newest volunteer Board members at Lanark Leeds and Grenville Addiction and Mental Health (LLGAMH).

Yvonne Latta spent 26 years with the Correctional Service of Canada, starting as a parole officer and serving as Warden at two federal penitentiaries. She also brought invaluable human resources and strategic planning expertise in senior positions at Agriculture and Agri-Food Canada and Transport Canada. Retired since 2003, Yvonne is now an Executive Coach, helping to develop the next generation of leaders.

Yvonne saw an ad in the local paper about the LLGAMH Board and decided she wanted to learn more: “I moved to Kemptville seven years ago and I hadn’t heard of the agency before. During my career, I’ve gained a lot of experience in mental health and addictions support, and I hope I can share that with the team.”

Michael O’Shaughnessy is no stranger to LLGAMH. He served on the Board for four years and says he is happy to be back: “It’s an excellent agency and I think we can do even more.”

Mike is a criminal defence lawyer in Brockville and sees the need for local support of those with mental health and addiction challenges. “I was involved in creating the Mental Health Court and Clinic, supported by LLGAMH,” he explains. “It’s an example of providing excellent support and we’ve had some great successes.”

David Weger is a retired Canadian Armed Forces executive level leader and governance consultant with over 32 years of progressive experience in the health services sector. He has a proven track record for creative thinking, planning and problem solving. David has lived and worked around the world and is happy to now call Leeds and Grenville home. "I'm excited to bring together my governance experience and my desire to contribute to our community. Good governance strengthens accountability and enables an organization to meet the needs of its clients well into the future."

Welcome to Yvonne, Michael and David!

-30-

LLGAMH offers services and programs to people who are experiencing substance use and/or mental health concerns. Mental health services are provided for those 16 years and older and substance use services to persons of any age. We also recognize that family members and caregivers play a significant role within our client’s circle of care. We support family members and caregivers through counselling and group activities. Our “one door – one number - one click” philosophy ensures easy and simple access to the tools and support you need. Call 1-866-499-8445 or visit www.llgamh.ca.



Cutline: LLGAMH Board Member Yvonne Latta



Cutline: LLGAMH Board Member Michael O'Shaughnessy



Cutline: LLGAMH Board Member David Weger

Contact:

Jane Adams

LLGAMH

jane@brainstorm.nu

613-729-4864